

Classic Portrait Painting Workshop with Juan Martinez

Materials List

Canvas: The most economical and simple surface to paint on is a standard stretched canvas with acrylic primer. However, for easier transportation and less bulk, panels are good as well. There are a variety of canvas-on-panel, prepared panels, or “canvas boards” available through numerous online retailers. Ampersand “Gessoboard” panels are available from AboveGround Art Supplies in Toronto, and from DeSerres, as well. I assume they are carried in the Ottawa and Quebec locations, too. In any event, please bring 1 (one) **14 x 18 in.** and 1 (one) **16 x 20 in.** canvas or panel.

Brushes: *Have as many brushes on hand as you can, but at **minimum**, you will need:*

Qty	Brush Type and Shape
6 (six)	Bristle (“hog’s hair”)
	1 or 2 larger (3/4 to 1 in.) — filbert or square (“bright” is better) mostly for backgrounds 3 medium — filbert or square (bright) 2 small — 3 filbert or bright; 1 round
6 - 9 (six to nine)	Softer-haired brushes: Synthetic mongoose is good. Also badger hair brushes, or sables <i>made for oil painting</i> . These softer brushes should be springy and have “memory”. I.e., not too soft. Do not use the squares or brights in the softer brushes, only filberts or rounds.
	6 medium — All filberts 3 small — filbert or round (these are for finer work)

Paint: Try to use only ARTIST’S GRADE

White: Titanium or Lead (Cremnitz or Flake White are preferable but not always available)

Burnt Sienna

(Oil paint

Lamp Black or Ivory Black

Yellow Ochre Pale (Winsor & Newton only) or any brand of Mars Yellow

Only)

Ultramarine Blue
Viridian Green
Burnt Umber

Alizarin Crimson Permanent
*Cadmium Red Mid
*Cadmium Yellow (if Winsor & Newton, then only use their Cad. yellow light) *Optional*

**Use true Cadmiums, not “hues”. If you don’t already have them, then purchase only the smallest tubes. Although, they are important colours, we don’t use much of them!*

NOTE: Bring whatever other colours you have ... just in case.

Mediums & Thinners:

- A faster drying medium such as M. Graham’s Walnut/Alkyd Medium. It is non-toxic, fast drying and you can travel with it. Available at Curry’s in Toronto. Other alkyds are okay, as well, such as Liquin Fine Detail, but you will not be able to travel with them since they all have a petrochemical solvent (except M.Graham’s). I will have a supply of the Alkyd/Walnut medium.

Small container of odourless mineral spirits (OMS).

If you cannot get any of the above, or if you are travelling by air, these will be supplied for you.

Miscellaneous:

Small cups for medium (2) with lids
Palette knife — a short, narrow blade is best
Palette — Paper palettes are quick and convenient, but wooden palette is preferable
Roll of paper towels or Box of tissue or Clean rag(s) or all three