

ACADEMY OF REALIST ART



WORKSHOP 2009 LEARNING TO PAINT FROM THE OLD MASTERS MATERIALS LIST

OIL COLOURS

Titanium White,
Cad Yellow Med
Ivory Black or lamp black
Raw Umber
Red Umber
Cad Red Med
Burnt Umber
Cad Orange
Yellow Ochre light or Pale
Earth Red: (Venetian, persian, or, Indian red)
Ultramarine Blue
Alizarian crimson

MEDIUMS & SOLVENTS

Palette: Either a traditional wooden palette or disposable white paper palette sheets.
Palette Knife
Medium cups
Clean rags or a paper towel roll
Masking tape (3M High tack is best)
Prepared canvas (Acrylic) 18 x 24
Aluminum pie plate
Mahl stick

BRUSHES

1 (One) large (1 to 2-inch) painting brush
1 (One) small synthetic round pointed brush
synthetic filbert brushes ranging from very small to about ½ inch across. Preferably, two of each size.
Range of number 2, 4, 6, 8, 10, 12, 14, 16, and 18.

Note: All brushes should be soft-haired yet springy-not bristles.

OTHER MATERIALS

Linseed Oil: Any good brand such as Winsor & Newton, Gamblin, or Old Holland. A small bottle will suffice.

Dammar Varnish: Again, only use the best brands. Winsor & Newton is widely available and of good quality.

OMS (Odorless Mineral Spirits): The best on the market is Gamblin's OMS. However, most any other will be fine.