

Materials List

CANVAS:

One 12 x 16 in. and one 10 x 14 in. and if you wish, a slightly larger size.

The most economical and simple surface to paint on is a standard canvas with acrylic gesso. However, for still life painting, a preferable surface is smooth. So, if you have the time, you can improve your canvas by applying a couple of coats of acrylic gesso from Golden and lightly sanding to make it smoother. Easier would be to acquire a pre-gessoed panel such as Gessoboard® from Ampersand. These are available at Aboveground Art Supplies and DeSerres in Toronto. Another good choice, made of oil primed linen on panel, is from <http://www.newtraditionsartpanels.com/> But they need to be ordered well ahead of time. At these sizes, even the finest panels are not too expensive.

BRUSHES:

Have as many brushes on hand as you can, but at minimum, you will need:

- 8 Bristle (hog's hair): 4 medium sized (1/2 in to 1/4 in)— filbert or square, and 4 small — 3 filbert; 1 round.
- 9 Softer (Synthetic mongoose is best. Should be springy.): 6 medium — filberts only, no square or bright, and 3 small — filbert or round.
- 2 Softest (Synthetic "Taklon" is fine, or natural sable): 2 very small rounds such as #0 or #00.

PAINT (oil paint **only**):

- Titanium White - Winsor & Newton (W&N), or any good brand
- Yellow Ochre Pale (W&N), or any brand of Mars Yellow
- Lamp Black or Ivory Black
- Ultramarine Blue
- Alizarin Crimson Permanent
- Viridian
- Burnt Umber
- Raw Umber
- Cadmium Red Mid*
- Cadmium Yellow* (if W&N),
- then only use Cad yellow pale

* Use true Cadmiums, not "hues". If you don't already have them, then purchase only the smallest tubes. Although, they are important colours, we don't use much of them! NOTE: Bring whatever other colours you have ... just in case.

Materials List (cont'd)

MEDIUMS AND THINNERS:

- Linseed, **or** a fast drying medium such as Gamblin's Galkyd Lite -or- Gamblin's Galkyd, or W&N Liquin, M.Graham Alkyd/Walnut.
- Small container of odourless mineral spirits (OMS). No turpentine please.

Note: When travelling by air you will not be allowed to carry spirits. These will be provided for you, as will the Alkyd/Walnut medium if you cannot find it in your area.

MISCELLANEOUS:

- 2 (two) small cups for medium. Should come with seal-able lid.
- A clean glass jar with lid for mineral spirits.
- Palette knife — a short, narrow blade is best.
- Palette — Paper palettes are quick and convenient, but wooden palette is fine, too.
- Roll of paper towels or box of tissue or clean rag(s), **or** all three.
- Mahl stick.